

Girls Basketball - Open Gym Schedule

Spetember 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	Coach Stewart (937) 207-5341 aaron@perkinsfreight.com Coach Stid (937) 508-0093 Coach Shoe (937) 631-5472				1	2
	4	5	6	7	8	9
	11	12	13	14	15	16
17	18 Girls BB @HS 5:30-7:30 (9th-12th) Report to Fieldhouse 6:00-7:30 (3rd-8th) Report to HS	19	20 Girls BB @HS 5:30-7:30 (9th-12th) Report to Fieldhouse 6:00-7:30 (3rd-8th) Report to HS	21	22	23
24	25 Girls BB @HS 5:30-7:30 (9th-12th) Report to Fieldhouse 6:00-7:30 (3rd-8th) Report to HS	26	27 Girls BB @HS 5:30-7:30 (9th-12th) Report to Fieldhouse 6:00-7:30 (3rd-8th) Report to HS	28	29	30

w/t= Weight training

FS = Film session

Girls Basketball - Open Gym / Practice Schedule

October 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Girls BB @HS 5:30-7:30 (9th-12th) Report to Fieldhouse 6:00-7:30 (3rd-8th) Report to HS	4	5 Girls BB @HS 5:30-7:30 (9th-12th) Report to Fieldhouse 6:00-7:30 (3rd-8th) Report to HS	6	7
8	9 Girls BB @HS 5:30-7:30 (9th-12th) Report to Fieldhouse 6:00-7:30 (3rd-8th) Report to HS	10	11 Girls BB @HS 5:30-7:30 (9th-12th) Report to Fieldhouse 6:00-7:30 (3rd-8th) Report to HS	12	13	14
15	16 Girls BB @HS 5:30-7:30 (Grades 7-12) Conditioning Report to Fieldhouse	17 Girls BB @HS 5:30-7:30 (Grades 7-12) Conditioning Report to Fieldhouse	18 Girls BB @HS 5:30-7:30 (Grades 7-12) Conditioning Report to Fieldhouse	19 Girls BB @HS 5:30-7:30 (Grades 7-12) Conditioning Report to Fieldhouse	20	21
22	23 Girls BB @HS 5:30-7:30 (Grades 7-12) Conditioning Report to Fieldhouse	24 Girls BB @HS 5:30-7:30 (Grades 7-12) Conditioning Report to Fieldhouse	25 Girls BB @HS 5:30-7:30 (Grades 7-12) Conditioning Report to Fieldhouse	26 Girls BB @HS 5:30-7:30 (Grades 7-12) Conditioning Report to Fieldhouse	27 HS Girls BBP 4:00-6:00 (Tryouts)	28 HS Girls BBP 9-11 (Tryouts)
29	30 HS Girls BBP 4:00-7:00 w/t 6:00-7:00 (Tryouts if needed)	31 HS Girls BBP 4:00-7:00 w/t 6:00-7:00			Coach Stewart (937) 207-5341 aaron@perkinsfreight.com Coach Stid (937) 508-0093 Coach Shoe (937) 631-5472	

w/t= Weight training

FS = Film session